

Harnessing Sunlight:

Empowering new Life/Art during Summer Solstice



The sun's elemental power, in combination with water and air, fuels life on Earth. As we grapple with human challenges and crises, we can harness its growing light to galvanize new possibilities that are taking shape within us. In this daylong, in-person (!) workshop, we will invoke the life-affirming gifts of the sun through dance/movement, drawing, poetic writing & improvisational sharing. A circle of creative explorers dedicated to catalyzing new Life/Art awaits you!

WHEN: Thursday, June 16 from 10 AM – 4:30 PM Pacific time

WHERE: Subud Center of Marin, 100 Sacramento St., San Anselmo, CA

COST: \$100 *early bird before May 8*, \$125 thereafter

REGISTER: contact@elisabethosgood.com

BIO: <https://www.elisabethosgood.com>